

**Activity 4.4.3: Student Response Sheet**

**World Anti-Doping Agency (WADA) Summit on Performance Enhancing Drugs**

As you take part in the simulated World Anti-Doping Agency (WADA) roundtable discussion, take notes on each performance enhancer and make a decision as to whether or not you believe the substance should be banned. Be prepared to defend your reasoning.

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| **PERFORMANCE ENHANCER** | **WHY TAKE IT?** | **HEALTH RISKS?** | **BAN IT? (Y or N)** |
| Creatine |  |  |  |
| Anabolic Steroids |  |  |  |
| Caffeine |  |  |  |
| Beta-blockers |  |  |  |
| Human growth hormone (hGH) |  |  |  |

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| **PERFORMANCE ENHANCER** | **WHY TAKE IT?** | **HEALTH RISKS?** | **BAN IT? (Y or N)** |
| Ephedrine |  |  |  |
| Erythropoietin (EPO) |  |  |  |
| Diuretics |  |  |  |
| Human chorionic gonadotropin (hCG) |  |  |  |
| Blood doping |  |  |  |
| Glutamine |  |  |  |
| Androstenedione (Andro) |  |  |  |