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| **4.3.1 LDL/HDL Rubric** |



**Content: Points Possible Points Received**

LDL and HDL are defined 3

Structure and Function of 5

LDL and HDL are present

Why LDL and HDL are monitored (explain 3  
*why* there is a risk of heart disease etc.

Concentrations of LDL & HDL 3

that are associated with heart risk

Other molecules in patients blood ae monitored 3

along with LDL and HDL

What do the results of a cholesterol test mean? 3

How do patients interpret the value?

How to change HDL & LDL levels 7  
(include *specific* diet changes/exercise plan)

How does the intake of unsaturated, 5

saturated, and trans fats affect cholesterol

levels and overall health

**Visual Quality:**

Neat and creative overall; visually appealing 10

Colorful 2

Font is easily legible 2

In your own words . 10

All sections and pictures labeled 2

Grammar and spelling are correct 5

**Documentation:**

At least 3 sources are used and its APA

Format 3

**Total Points:** /65

