

Activity 3.3.2: Medical History – Visit #3

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| Patient’s Name: | Age: | Date: |
| Melissa Martin | 11 | February 25 |
| Height: | Weight: | Temperature: |
| 52 inches | 71 lbs. | 98.9°F |
| Blood Pressure: | Pulse: | Respiration Rate: |
| 106/68 | 68 bpm | 20 bpm |
| Case History  At this appointment Melissa appears a bit run down, but she is in good spirits. She reports that one day at school this week she started to wheeze during gym class. As she became more self-conscious about it, she started to feel tightness in her chest and the wheezing intensified. She used the inhaler that was provided to her and felt almost immediate improvement. She says that within a few minutes, she was able to breathe easier and the wheezing got better. She took it easy the rest of the day, and she has not had an incident of that nature since. She does report that she feels like she is, however, getting a cold and reports a low grade headache.  Physical Exam   * Patient’s pulse is normal. Pulse ox – 90% * Slight wheezing is appreciated. Lungs are clear. * Patient said she has no ear pain or a sore throat. Upon inspection, her ears are clear; however, her nasal passageways are slightly inflamed and irritated. * Patient’s glands are not swollen. * Patient’s speech, hearing, and vision appear normal.   Clinical Test Results  Spirometry was completed at this visit. Results indicate an average total lung capacity. However, FEV1 was measured as 79%. After administration of albuterol, a short-acting bronchodilator, FEV1 was measured again at 93%. This response indicates that the impairment is reversible.  Diagnosis/Follow Up  Medications  Melissa was provided prescriptions for both a short term “rescue” medication as well as a long term control medication. Copies of the prescriptions are included below. | | |

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| PLTW Medicine |
| 3939 Priority Way South Drive  Indianapolis, IN 46240  Name: Melissa Martin  Date of Birth: 5/6/03  Address: 1415 Anytown Road  Date: 2/25/15  ℞  Accolate 10mg tab  60  Sig 10mg PO bid pc |
| Generic Substitution Allowed  X  Dispense as Written  STP  Signature of Prescriber  Refill 0 1 2 **3** |

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| PLTW Medicine |
| 3939 Priority Way South Drive  Indianapolis, IN 46240  Name: Melissa Martin  Date of Birth: 5/6/03  Address: 1415 Anytown Road  Date: 2/25/15  ℞  Albuterol sulfate 1.25mg/3ml  Sig 1-2 inhalations q4-6h PRN; 2 inhalations before exercise |
| Generic Substitution Allowed  X  Dispense as Written  STP  Signature of Prescriber  Refill 0 1 **2** 3 |