**Activity 2.3.1 Rubric**

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| *Type: 1 or 2* | *Names: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* |
|  | *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* |
| *Format: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* | *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* |

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| **Component:** | **Points Available:** | **Comments/Notes from Ms. Chadwick:** |
| General Biology of Disease | 5 |  |
| Diet Recommendations | 5 |  |
| Blood Sugar Monitoring & Adjustment | 5 |  |
| Exercise Recommendations/ Fitness & its Relation to Diabetes Control | 10 |  |
| Biomedical Professionals-  Specific Skills to Help Diabetics  1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  2.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  3.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 9 |  |
| Optional: Quotes/Stories from Diabetic Perspective | +5 |  |
| APA Documentation of ***at least two*** Sources | 4 |  |
| Format:   * No Spelling/Grammar Errors * Graphics/Pictures/Visuals Present * Professional Appearance * Not Too Wordy- Facts to the Point | 10 |  |
| Total | | \_\_\_\_\_\_\_\_\_/48 |

* Remember your guide should focus on:
  + Changes to Daily Life
  + Insight into a Typical Day (Routines, Restrictions, Lifestyle Choices, Modifications, Coping, Acceptance)
  + Helping Diabetics Face Their Disease